

Creative Expressions

What is Creative Expressions?

Creative Expressions was developed by two friends who share a passion for dance and helping individuals with special needs. Jessica (owner of SJDA) and Carmellina (owner of Pathways To Progress) met dancing and through both of their experiences, have had the opportunity to create a program that has the power to change many lives.

Creative Expressions is a creative movement program that targets social skills while incorporating dance movements to promote physical activity. This program consists of fun, exciting, and active classes that will allow children to express themselves while learning peer interactions through the use of evidence-based practices.

A dance program designed for children with special needs



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Meet The Staff

Ms. Jessica Owner/Director of
Studio J Dance Academy

Jessica has experience teaching and choreographing on recreational and competitive levels for 10+ years. Her choreography and dancers have won various awards and recognition. She has followed her passion of opening a studio where she can share her love of dance and creativity with children of all ages and abilities. As the studio director of SJDA, she will work closely with all families to create a welcoming and safe environment.

Ms. Carmellina Owner/Director of
Pathways To Progress

Carmellina has experience working with children with special needs for 7+ years. She pursued her Bachelors degree in Psychology from the University of Scranton, and Masters degree in Applied Behavior Analysis from Ball State University. She is currently pursuing her BCBA certification. She has experience working with children and adolescents with a variety of developmental delays. Carmellina has worked in both, the public and private sector.



The Program

Logistics:

- 4 week program rotation
- Prior to each rotation, the instructors will meet with each family to discuss individual goals
- Progress report at the completion of each rotation

Skills targeted:

- Social skills
- Visual spatial skills
- Fine motor/ Gross motor skills
- Age appropriate play skills
- Fundamental skills (following directions, waiting, etc.)

Each session will cover social skills, movement skills, discovery and creative thinking.



For more information or to schedule an appointment with our staff, call or email
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We look forward to seeing your creative expressions!

Schedule

Classes will be broken down by appropriate age and skill level.

Mondays - 4:00-5:00 (3-6)
5:15-6:15 (7-11)
6:30-7:30 (12-18)

Class breakdown subject to change depending on enrollment

Rotation start dates:

1st Rotation: Oct. 2, 2017
2nd Rotation: Nov. 6, 2017
3rd Rotation: Dec. 4, 2018
4th Rotation: Jan. 22, 2018
5th Rotation: Feb. 26, 2018
6th Rotation: Mar 26, 2018
7th Rotation: Apr 30, 2018

